

THURSDAY CLASSES BEGIN SEPTEMBER 15, 2011

- 32. Common Estate Planning Mistakes** \$35
(Rm. 126, 7:30 - 9 p.m.) This course will provide info on the proper drafting and use of wills, powers of attorney, "living wills", etc. This class will also cover living trusts, joint ownership for real estate and bank accounts to avoid inheritance tax and much more. **This is a (2) night course held on 9/22 and 10/06.**
- 33. Crocheting - INTERMEDIATE AND ADVANCED** \$50
(Rm. 107, 7 - 9:00 p.m.) Knowledge of basic stitches and can read a pattern required. Learn more advanced stitches for special projects. **Please bring a size "G" crochet hook.** \$12 material fee to instructor for initial supplies. Additional supplies may be required. (9) weeks
- 34. Driver Ed Theory – evening** Res. \$70
Non-Res. \$80
(Rm. 220, 6:00 – 9:00 p.m.) See Tuesday description. This course runs (9) weeks.
- 35. Flower Arrangements Plus** \$45
(Rm. 104 - 7:30 - 9:30 p.m.) Learn flower arranging, wreath making, corsage and bouquet making and how to dry flowers. (9) weeks
- 36. Genealogy NEW COURSE** \$45
(Rm. 125 - 7:00 - 8:00) Learn how to find and locate records to help discover their family past. Find out - who do you think you are?. Learn to go on the web and track your family history. **This is a (6) week course starting 9/15.**
- 37. Golf – Shafer Gym (J. Carpineta – PGA Professional)** \$50
All Beginners. (7 – 8:30 p.m.) This (5) week course beginning 9/22 will teach the proper grip, stance, posture and fundamentals of the golf swing. Also includes the intro to chipping, pitching, putting. Weather permitting, the final 2 sessions conducted at Bensalem Twp Driving Range.
- 38. Golf - Interm.** (J. Carpineta – PGA Professional) \$50
Shafer Gym (8:30 -10 p.m.) For golfers who after playing a number of years aren't seeing much improvement or lower scores or handicaps. This course will cover short game and any individual problems of each student. The final 2 sessions to be held at the B.T.D. Range (weather permitting). **This is a (5) week course beginning 9/22.**
- 39. Guitar – Beginners** \$45
(Library Classroom, 6:45 - 8:15 p.m.) This intro course is for anyone who is considering playing the guitar for fun. **Bring a guitar to class.** A \$5 fee is payable to the instructor. **This is a (7) week course beginning 9/15.**
- 40. Home Decorating NEW COURSE** \$45
(Rm. 106, 7:00 - 9:00) Make the most of your home with simple, inexpensive ideas. Although not a professional decorating course, do it yourself with creative use of color, accessories and furniture arrangement. This is a (5) week course beginning 9/15
- 41. How To Be A Good Executor** \$35
(Rm. 126, 7:30 - 9 p.m.) This course will prepare you in advance for the responsibilities that should be carried out by you if you are called to fulfill the role of Executor. Some subjects that will be covered include: probating a Will, interpreting the terms of the Will, what to do if you can't find a Will, preparation of the PA Inheritance Tax Return, new Federal Estate Tax changes and much more. **This is a (2) night course held on 10/20 and 10/27.**
- 42. Mat Pilates-NEW** \$55
(Caf. C 7:45 - 8:45 p.m.) Slim your waist, stomach and hips; strengthen/tone your muscles; relieve back, wrist, neck and shoulder pain and melt away stress. Non-jarring exercises are tailored to fit each student's body and posture. Perfect for men/women for all fitness levels. Wear comfortable exercise attire. Bring an exercise mat, large towel and medium or regular strength Pilates band. For more information call 856-751-0095 or www.vivapilates.net. (9) wks
- 43. Oil & Acrylic Painting** \$90
(Rm. 134, 6:30 – 9:30 p.m.) This class will bring out your creative insights and inspire you to generate the creativity we all have within. Beginners welcome. Please bring sketch pad and pencils to class. (9) weeks
- 44. Para Normal Studies NEW COURSE** \$45
(Rm. 120 - 6:00 - 7:00 p.m.) Explore the world of ghost, what they are and the science behind this strange paranormal we call ghost hunting. **This is a (6) week course beginning 9/15.**
- 45. Para Psychology NEW COURSE** \$45
(Rm. 120 - 8:00 - 9:00 p.m.) Learn how to read tarot cards, scrying, crystal balls among just a few of the median to help restore and balance our everyday life. **This is a (6) week course beginning 9/15.**
- 46. Pharmacy Technician** \$50
(Rm. 122, 7:00 – 8:30) This course will cover the areas of names of drugs, dosage forms, pharmacodynamics, prescription writing and reading, cardiac, autonomic, CNS, abused drugs and adverse affects of drugs. It contains NO LABORATORY. **A \$4 materials fee is payable to the instructor.**
(9) weeks
- 47. Protecting Your Assets From Nursing Home Cost** \$25
(Rm. 126, 7:30 - 9 p.m.) This is the #1 concern today in estate planning. You will learn about the current Medicaid Rules and guidelines and all of the options available to protect your assets, including the feasibility of joint ownership of property with another, "Living Trusts", long-term healthcare insurance, care arrangements and much more. **This is a (1) night course held on 11/17.**
- 48. Real Estate 101** \$40
(Rm. 119, 6:30 – 8:00 p.m.) Learn about buying, selling, and investing in residential real estate. Find out about financing options, understanding credit scores, how to sell your home in this challenging market, and how to buy foreclosures and short sales and much more. **This is a 4 week course held on 9/15, 9/22, 10/06, 10/13.**
- 49. Recreational Basketball** \$50
(Gym 1) 7 – 9 p.m. Emphasis will be on playing the game. The instructor will set the rules during each session. Come & enjoy! Great pick-up game action. (9) weeks
- 50. Sewing - Beginning** \$50
(Rm. 109, 7 - 9 p.m.) This course is designed to enable the novice sewer to complete a garment by understanding pattern language, basic sewing skills and actual construction. Student must supply own materials. (9) weeks
- 51. Small Engine Repair** \$55
(Rm. 129, 6:30 – 9:00 p.m.) Join this course and learn the basics of small engine repair so that you can "do it yourself". You can work on your own equipment that needs repair. A \$5 materials fee is payable to the instructor. **This is an (8) week course beginning 9/15.**
- 52. Spanish - Advanced** \$55
(Rm. 124, 7 - 9:00 p.m.) A continuation of Spanish 1 for students with previous exposure to the language. **A \$15.00 fee for book and materials payable to the instructor. This is an (8) week course beginning 9/15.**
- 53. Stained Glass - BEGINNERS** \$55
(Rm. 140, 7 - 9:30 p.m.) This course teaches the basic skills to make decorative items for your home and unique gifts for your family and friends. A \$50 tool kit will be purchased the first night; payable to the instructor. Additional supplies will be needed. The student will do all soldering. **This is an (8) week course beginning 9/15.**
- 54. Weight Training** (1) night \$45
(2) nights \$70
(Weight Rm. – Gym 2 – So. Wing, 7 – 8:30 p.m.) See description under Tuesday course. (9) weeks
- 55. Yoga - Introductory - GENTLE** \$45
(Library – 6:30 – 7:30 p.m.) This course is designed to start more slowly than Yoga I. It is especially designed for mature people who haven't been exercising. Students should bring a towel or blanket to lie on. (9) weeks
- 56. Yoga I** \$45
(Library – 7:45 – 8:45 p.m.) This course will teach the classical yoga system of physical and emotional well being through training in posture, breathing, and relaxation techniques. Students should bring a towel or blanket to lie on. (9) weeks
- 57. Wood Craft** \$55
(Rm. 130, 6:30 – 9:00 p.m.) This class is for the intermediate to advanced woodworker that does not have a workshop at home. Tools and machines at your disposal – to use in building and constructing of wooden shelves, furniture toys, decorations with guidance from instructor. Proper use and set-up of tools and machines will be demonstrated throughout the class. **A \$5 material fee is payable to the instructor – students must furnish own supplies and transport them to and from class. This is an (9) week course beginning 9/15.**
- 58. Zumba-NEW** \$55
(Caf C 6:30 - 7:30 p.m.) Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program. Fast and slow rhythms, plus resistance training are combined to tone/sculpt your body while burning fat! Zumba® students achieve long term health benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! For all fitness levels. Wear comfortable exercise attire and sneakers. For information 856-751-0095 or www.vivapilates.net.
(9) weeks

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